

HALTON REGION:

Acclaim Health

2370 Speers Road, Oakville

Offers: individual counselling (short term); bereavement peer support (one to one & group); kids anticipatory loss; spousal loss groups.

www.acclaimhealth.ca
905-827-8800 Ext. 2319

Carpenter Hospice

2250 Parkway Drive, Burlington

Offers: individual, family, and group bereavement support, spousal and monthly drop in support groups.

www.thecarpenterhospice.com
905-631-9994

Heartache2Hope

11- 1155 North Service Road, Oakville

Offers: 12-week support groups, drop-in group meetings, individual support, and community education

Heartache2hope.com
905-599-4673

Ian Anderson House

430 Winston Churchill Blvd, Oakville

Offers: end-of-life palliative care to residents and supports their families.

www.ianandersonhouse.com
905-337-8004

The Lighthouse for Grieving Children

2522 Rebecca Street, Oakville

Offers: Ongoing peer grief support groups for children and teens 3-19, young adults 19-24, and their families.

www.lighthousegriefsupport.org
905-337-2333

Wellspring Birmingham Gilgan House

2545 Sixth Line, Oakville

Offers: Emotional and physical wellness support programs for people living with cancer diagnosis in Halton and Peel; Short term anticipatory and bereavement support for immediate family.

www.wellspring.ca/birmingham
905-257-1988

PEEL REGION:

BRAMPTON AND CALEDON

Arbour Care Bereavement Support Group

Scott Funeral Home, 289 Main Street N, Brampton

Offers: Four adult support groups throughout the year.
905-451-1100

Bethell Hospice

15835 McLaughlin Road, Inglewood.

Offers: Group and individual adult bereavement support in Brampton and Caledon; Support groups for children and youth.

www.bethellhospice.org
905-838-3534

Coping

Bramalea Baptist Church, 9050 Dixie Road N, Brampton

Offers: Bereavement support groups for adults, three 8-week sessions per year. Also offered in Mississauga.

www.bramalea.org
905-790-6620 Ext. 231

Wellspring Chinguacousy

5 Inspiration Way, Brampton

Offers: Emotional and physical wellness support programs for people living with cancer diagnosis; Short term anticipatory and bereavement support for immediate family.

www.wellspring.ca/chinguacousy
1-877-907-6480

MISSISSAUGA

Bereaved Families of Ontario Halton/Peel

610-33 City Centre Drive, Mississauga

Offers: Individual and group bereavement support for adults, children and youth in Halton and Peel Region.

www.bereavedfamilies.ca
905-848-4337

C.O.P.E.S. (Community of People Extending Support)

Turner and Porter Funeral Home

2180 Hurontario Street, Mississauga

Offers: Adult closed bereavement support groups four times annually.

www.turnerporter.ca
905-279-7663

Help Us Understand Grief (HUUG) Program

Heart House Hospice

1 – 855 Matheson Blvd. East, Mississauga

Offers: Short term supports and counselling to children, youth, and families living with serious illness, dying, death, and grief.

www.hearthousehospice.com
905-712-4029 Ext. 232 or 247

Bereavement Support Resources in the GTA West



HAMILTON AREA AND WEST

Bereaved Families of Ontario South Central Region

2B-300 Fennell Street E, Hamilton

Offers: Peer bereavement support groups for children and families; Specific loss groups for spousal, child, and perinatal loss.

www.bfoscr.com
905-318-0070

Bob Kemp Hospice

277 Stone Church Road East, Hamilton

Offers: Community day programs and support to individuals with a life-limiting illness; Group and individual support for bereaved adults; Camp Erin support to grieving children.

www.kemphospice.org
905-387-2448

Friends in Grief

Bay Gardens Funeral Home, 947 Rymal Road E, Hamilton

Offers: Bereavement Groups for adults (18+) and young adults (18-25) who have experienced the death of their loved one.

www.friendsingrief.ca
905-318-0059

Nightingale Centre for Children, Youth and Families

209-85 Norfolk, Guelph

Offers: Bereavement counselling and group support for children, youth and their families.

www.nightingalecentre.org
519-265-9594

TORONTO WEST

Bereaved Families Ontario- Toronto

202-335 Church Street, Toronto

Offers: Closed and drop-in grief support groups for children, youth, and adults, including: Parents' child loss, Spousal loss, Family & friends loss, and Young adults groups.

www.bfotoronto.ca
416-440-0290

Dorothy Ley Hospice

220 Sherway Drive, Etobicoke

Offers: Individual and group support for bereaved adults from Etobicoke.

www.dlhospice.org
416-626-0116

In addition to the above, the Lighthouse for Grieving Children provides referral information and resources to the families enrolled in groups and the greater community by consultation. See our website for additional grief and bereavement resources beyond the GTA West.

