



**ANNUAL  
REPORT  
2022**



**Light  
House**

For Grieving Children & Families



**AT LIGHTHOUSE  
YOU ARE NOT ALONE**



## PROVIDING A CARING SPACE, TOGETHER

As we eased out of the pandemic and into our “new normal,” Lighthouse faced challenges like many other non-profit agencies. Our amazing staff and volunteers rose to those challenges with optimism, hope and grace. And it is thanks to you, our supporters, that we were able to continue providing this much-needed healing space to grieving children and their families at a time when they needed it most.

We have continued to offer a hybrid model of in-person grief support groups, as well as online groups, to ensure there are no barriers to accessing services. Over this past year, we have seen an increase in families coming to Lighthouse, bringing us back to pre-pandemic levels, and we anticipate, sadly, that these numbers will continue to rise.

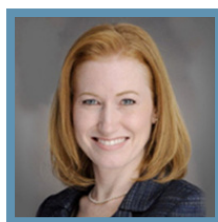
Throughout the year, we continued to explore opportunities with various multicultural partners to humbly learn about diverse approaches to grief and bereavement and how Lighthouse might possibly serve those needs. The result of these outreach efforts was a number of new and exciting partnerships with community stakeholders and friends.

To ensure we can continue to offer our groups at no charge to families, we are always looking for new ways to raise funds. This year, we launched our Food Fashion Fun event that was a huge success thanks to the many community members who came out to share in good food, chic fashion, and have a few laughs while supporting our work. We were also able to return to an in-person Run4Lighthouse event, which is our biggest fundraiser and one of Halton’s largest (and most fun) family runs.

We are incredibly proud to share this Annual Report to illustrate how your commitment to Lighthouse impacted the lives of the families we serve. We could not do this work without you, our generous donors, and all our volunteers who help facilitate our groups, support our events, and offer their time and talent on our Board and committees. You are the reason that our doors and our hearts are always open to grieving children and their families. You enable us to support these families with a safe, non-judgmental space where they can navigate their grief journey. Thank you!

With much gratitude,

Lisa Norton, Board Chair  
and  
Anne Smith, Executive Director



### Land Acknowledgement

Lighthouse is situated on the Treaty lands of the Mississaugas of the Credit First Nation and the traditional territory of the Haudenosaunee and the Huron-Wendat. We honour the Haudenosaunee, Métis, Attawandaron, and Huron-Wendat peoples of Halton and Peel, who lived on these traditional territories and continue to have presence here. Lighthouse gratefully acknowledges these nations for their guardianship of this land.

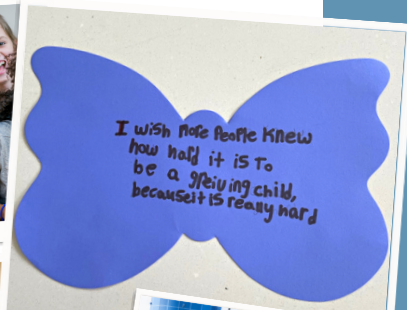
## OUR MISSION

To help children, youth and their families who are grieving a death, find a sense of belonging, connection and understanding from others experiencing a similar loss.

**AT LIGHTHOUSE, YOU ARE NOT ALONE**

## LOOKING BACK AT 2022

- A year of hybrid programming as we began the process of re-opening our in-person support groups to vaccinated participants
- Formed 3 new partnerships with Halton Catholic District School Board, Punjabi Community Health Services, and Indus Community Services, to help them build and offer meaningful grief support to their communities
- Created a new fundraising event, FOOD FASHION FUN, that raised over \$90,000
- Saw an increase of new inquiries and past participating families rejoining groups, plus a surge of new participants resulting in a 25% increase over 2021
- Partnered with Oakville Galleries on the winter edition of their 'Beyond Art Box' to raise awareness and funds for both organizations' children's services
- Launched a new online support group for young adults, aged 19-24, for those who are aging out of the Youth Groups and need continued support
- Resumed in-person fundraising events while continuing to offer a virtual platform for online participation
- Worked with the Town of Oakville and students at Walden International School of Oakville to create and display an art project at community centres in honour of Children's Grief Awareness Month
- Co-hosted the 2nd Annual Canadian Children's Grief Symposium with two other agencies, in collaboration with Canadian Alliance for Grieving Children & Youth
- Released 7 new Podcasts with a total of 526 downloads, and Lighthouse was Awarded \$10,000 from the Maxwell & Catherine Meaghan Foundation to continue expanding the Podcasts in 2023
- Supported various third-party events hosted by members and organizations in our communities



# CREATING COMMUNITIES OF CARING

## Multicultural Outreach

In aiming to fulfill our vision, that 'no child should grieve alone', Lighthouse has continued our focus and outreach initiatives to increase Multicultural engagement. Some of the 2022 highlights include:

- Released 7 new podcasts featuring guests from diverse communities, and received \$10,000 from the Maxwell & Catherine Meaghan Foundation to fund The Beacon Podcast enabling us to extend this educational offering in the field of children's grief and diversity in 2023.
- Hosted the Grieving in Colour event, providing a new and unique grief support offering to Black, Indigenous and Racialized community members, and to better acquaint them with the services available at Lighthouse.
- Formed partnerships with Punjabi Community Health Services, Indus Community Services and Halton Catholic District School Board, to help build capacity within these organizations.

## Enhancing Community Capacity

In 2022 we formed a partnership with Oakville Galleries for their Winter edition of the 'Beyond Art Box' that raised funds for both organizations. We also supported new and returning third-party events in our communities that raised funds for Lighthouse. Lighthouse continues to raise a voice and spread awareness for children's grief, through various community-focused initiatives, such as monument lighting, local partnerships, educational opportunities, and community art projects. In 2022, we collected hundreds of handwritten messages of love and hope on paper butterflies from the community, and worked with students at Walden International School of Oakville to create beautiful pieces of art that were displayed at two community centres in Oakville in honour of Children's Grief Awareness Month.

## Advocacy and Education

In 2022, Lighthouse was one of three lead agencies to co-host the Second Annual Canadian Children's Grief Symposium, in association with Canadian Alliance for Grieving Children and Youth. The Symposium is an opportunity for participants to explore and learn about children's grief in the following areas of focus:

- Foundational concepts
- Advanced practices
- Equity, and Inclusion
- Types of loss

## Events Are At The Heart Of Our Fundraising

We resumed in-person events in 2022 while continuing to offer a virtual platform to meet the needs for online participation. We launched our inaugural FOOD FASHION FUN event that raised \$73,000 and look forward to bringing it back in 2023. Fundraising events are the basis of our funding, and these events would not be possible without the generous support of our sponsors, donors, and event participants. Event sponsorship enables 100% of net proceeds to directly benefit families at Lighthouse.



**GRIEVING  
IN COLOUR**




**CANADIAN  
CHILDREN'S  
GRIEF  
SYMPOSIUM**



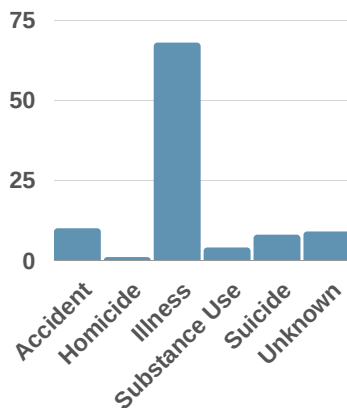


# 2022 BY THE NUMBERS

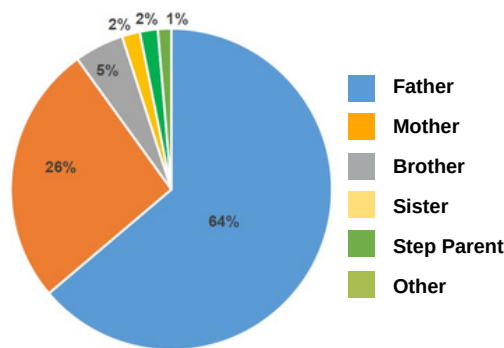
## Services within Lighthouse



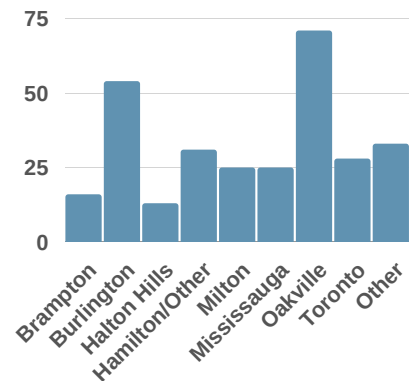
Cause of death of the deceased (by %)



Relationship of the deceased to the participant

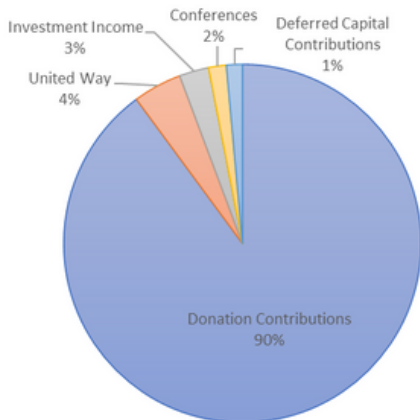


Where our participants live



## FINANCIALS

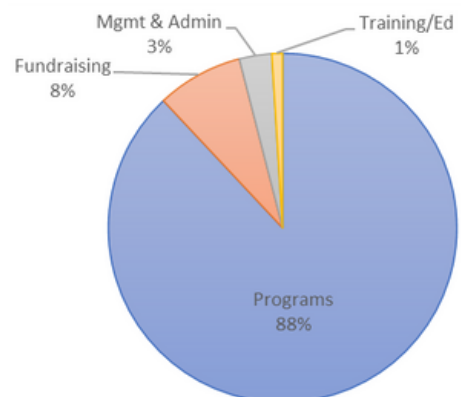
Sources of Funding



**\$915K**  
Revenue

**\$1.1M**  
Expenses

How Funds Were Spent





## MAJOR GIFT DONORS 2022

*"Only by giving are you able to receive more than you already have."*

**- Jim Rohn**

*Thank you to all our donors who bring hope to our Lighthouse families*

### CHANGEMAKERS

\$100,000 +

Ian and June Cockwell

### VISIONARIES

\$25,000 - \$99,999

Anonymous

David Hope

United Way Halton & Hamilton

Hydro One

### CHAMPIONS

\$10,000 - \$24,999

RBC - Toronto

Expedia Cruises Oakville South

Good Shepherd Child Care Centre Inc.

Maarten and Marcia Jansen

Canadian Alliance for Grieving Children & Youth

ScotiaMcLeod Charitable Foundation

Corporation of the City of Burlington

Fleck Family Foundation

Jim and Rachel Williams

Shorcan Brokers Limited

The Catherine and Maxwell Meighen Foundation

The Larry & Gerry Wilson Family Fund+

We Love You Connie Foundation

Allison Ide and Alison Marshall

JJ Dance Arts

### BUILDERS

\$5,000 - \$9,999

Dorothy Baker

Paul and Susan Finkbeiner

Ilona Kopriva and Donald Robinson

Florence Meat Supplies Ltd

Arbor Memorial Foundation

Kevin McMurray

Sandra Hurl-Smith and Kris Smith

Isabelle Akdeniz

CGC Charitable Foundation

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LeVan Family Foundation

Meridian

Scott and Heather Morrison

The Shorey Family Fund

Comfort Bears

### ADVOCATES

\$2,000 - \$4,999

TELUS Friendly Future Foundation

Cheesewright Family Foundation

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E.J. James School Council

Hap Stephen

Carolyn and David Dell

Tracey Brophy

Canadian Tire Associate Store #143

The Cooperators, Dave Pecharich Insurance Agency

Adam and Monique Newman

The Community Foundation of Mississauga

The Epitaph Group

YTM Capital Asset Management Ltd.

Kim Maiatico

Ontario Endowment for Children and Youth in Recreation Fund

John and Chris Reidy

Sean Dennis

Lisa Norton

Christmas Décor Oakville

Cynthia and Robin Das

Encore Market Management

Sarah Simms Photography

Reliance Home Comfort

Jackson Family Fund+

Neil Mitchell

Nora's Gift Foundation

Robert Sewell

Oakville Community Foundation

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Stephanie Hart

Dilys D'Cruz

Paul Calder

Petra Haneberry

Sagen Canada

*CONTINUED ON NEXT PAGE...*

## PARTNERS

\$1,000 - \$1,999

Andrea Niles-Day  
 Andy and Paula Aicklen  
 The Frank and Azniv Lochan Family Foundation+  
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 Mark Brabant  
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 PayPal Giving Fund Canada  
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 Doug and Michael Chapman  
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 Fareen Samji  
 Doug and Sue Brady  
 Kateri Corr and Peter Incze  
 Melissa and Alan Sheldrick  
 Brad Hallowell  
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 Manjula Misra  
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 Ken Thiessen  
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 Wilcox Door Service Inc.  
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 COBS Bread Bakery Lakeshore  
 Neville Diane Wilson  
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 Get A Better Mortgage

## FRIENDS

\$500 - \$999

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 Holly Pontisso and Phil Clark  
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 Bradley Fedosoff  
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 Sean Chard and Melissa Gaston  
 Andrew Clarke  
 Jamie and Jackie Dinsmore  
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 Jo Fallon  
 Kevin Feagan  
 Katherine Hart

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 Carolyn Kingaby and Dennis Collins  
 Mary and John King-Lyons  
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 Grant Leslie  
 Wes and Valerie May  
 Deborah McQuinn  
 Cindy Merrigan  
 MNP LLP  
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 Tom Ormesher  
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 Susan Sanei-Stamp  
 Jackie Santin  
 Sleeman Breweries Ltd.  
 Camp Maple Leaf  
 Orangetheory Fitness  
 Lions Valley Athletics Club  
 The Oakville Club  
 The Pearle Hotel & Spa

# THANK YOU!



We are so grateful to everyone who made financial contributions to Lighthouse in 2022. Your support allows families in our communities to receive free grief support at a time in their lives when they are at their most vulnerable. Financial support includes all individual donations, private family foundations, donations via funds held within community foundations, corporate donations, third party fundraisers, service clubs and event sponsors.

We would also like to acknowledge the businesses who have sponsored or donated gifts and services in-kind to support our fundraising events and initiatives. And to all the amazing volunteers who generously give their time and talents throughout the year, none of this would be possible without your support. Thank you!



*"Lighthouse provides us with a safe environment to share our deepest feelings, with supportive staff and volunteers that are available and smiling. Most importantly, Lighthouse gives us hope and faith to keep moving forward."*

**KIRAN, LIGHTHOUSE FAMILY**



@LighthouseGrief



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