

PRESENTS...

LIGHT HAVY HELDER TO THE SHORT TO THE SHORT

AN ORIGINAL LIVE DANCE PRODUCTION BY







Angel Patryluk







The gong is ended but the nelody lingers on.

- Irving Berlin

A note from the director...



The creative process of "Light Heavy Light" was inspired by a podcast that deeply resonated with me. The message of *The RobCast's* episode #22 felt cyclical and timeless.

I wanted to offer the essence of this message through dance, and that's where it all started to unfold in the spring of 2019.

Connecting an annually presented show in support of a local charity, has been a desire since opening JJ Dance Arts.

The Lighthouse for Grieving Children was the perfect fit to compliment and amplify both the mission of The Lighthouse and the message of the show: you are not alone...

I've always been in awe of how the arts allows the audience to be seen and held in a safe, pressure free space.



As someone who has spent 20+ years working with kids and teens, I can affirm the powerful and positive ripple effect of allowing a young person to be seen and accepted in full.

No matter what season of life they are experiencing; light or dark.

A heartfelt thank you to our donors, sponsors and volunteers.

To my incredibly driven, disciplined, creative students: each and every one of you fuel my spirits and inspire me more than you know.

Thank you for trusting me as your mentor and coach.

This show holds a special place in my heart.

I hope you'll be moved in a way you didn't expect.

Sincerely,

Act 1

"There's lightness, heaviness & then there's lightness..."

Narration: The RobCast episode #22 Choreographed by JJ Moore Lead Narrator: Mackenzie Poplar Supporting Narrators: Monika Szalek, Gabriela Lewy & Grace Bullock

Dem Beats
Choreographed by Hollywood Jade
Remounted by JJ Moore & Emily Errington
Featuring Jason Patryluk

Tutorial by Jessica Vu Performed by Faith Jacobs

Live Beyonce Medley Choreographed by Nathan Espejo

You Should See Me In A Crown
Choreographed by Andrew Kyrzyk
Remounted by JJ Moore, Riley Boyes & Mackenzie Poplar

For Your Attention
Featuring Riley Boyes & Mackenzie Poplar
Choreographed by JJ Moore

Sweet Dreams
Choreographed by JJ Moore

Act 2

"Stuck singing about the pain..."

Narration: The RobCast episode #22 Choreographed by JJ Moore Lead Narrator: Riley Boyes Supporting Narrators: Monika Szalek, Gabriela Lewy & Grace Bullock

Way Down We Go by Kaleo
Original Choreography by Ellie Ziemer
Remounted by Ayva Pelissier, Brielle Devin & JJ Moore

Wintersong by Sarah McLachlan
Choreographed by JJ Moore
Performed by Payton Ritchie & Grace Bullock

Dancing On My Own by Calum Scott
Choreographed by JJ Moore

When The Party's Over by Billie Eilish Choreographed by Roberto Campanella & JJ Moore Performed by Ellie Ivankovic & Nicholas McClung

> Forward by James Blake & Beyonce Choreographed by JJ Moore Performed by Payton Ritchie

Praying by Kesha
Choreographed by JJ Moore
Remounted by
Featuring Ema Wills, Jason Patryluk & Jillian Mitsuko Cooper

Act 3

"It's this wonderous, miraculous thing..."

Without You by Joseph
Choreographed by JJ Moore
Choreographic Collaboration & Performed by Nicholas McClung

Don't Give Up On Me Featuring Charlie Hobart Performed by CBY Choir

Narration: The RobCast episode #22
Choreographed by JJ Moore
Lead Narrator: Ivy Rosen
Supporting Narrators: Monika Szalek,
Gabriela Lewy & Grace Bullock

Like a River Runs

Choreographed by JJ Moore & Petra Toop

Featuring Petra Toop

In dedication to The Lighthouse for Grieving Children

Free Choreographed by JJ Moore Remounted by Petra Toop

Dog Days
Choreographed by JJ Moore
Featuring Jason Patryluk
Remounted by Petra Toop

DANCE ARTS by JJ Moore

24/25 Program Dancers



Jason Patryluk



Ema Wills



Riley Boyes



Ellie Ivankovic



Nicholas McClung



Mackenzie Poplar



Payton Ritchie



Ivy Rosen



Monika Szalek



Grace Bullock



Ava Cruickshank



Selin Halil



Gabriela Lewy



Grace Mihailovich



Charlotte Wills



Inaya Zafar



Scarlett Bianchi



Kaylinn Brown



Caia Ing



Faith Jacobs

DANCE ARTS by JJ Moore

24/25 Program Dancers



Ashleigh Linse



Knox Niejadlik



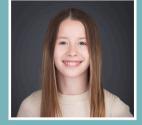
Amelia Loncaric



Antoinette Pedroso-Diaz



Chiara Rizzo



Gianna Rizzo



Bala Scholarchos



Remy Vanderlinden



Bianca Carreiro



Sienna Devin



Quinn Holland



Emma Linse



Michaela Lau



Payton MacLean



Magnolia Richardson



Yovia Scholarchos



Eloise Smith



Lucy Thomson-Hill



Marie Vickar

Vocalists



Jillian Mitsuko Cooper



Charlie Hobart



CBY Choir: Autumn Creet, Ava Belluz Neves, Erica Anders, Evy Raynor, Grayson Freitag, Maya Naren, Miller Flynn Mori Freitag, Ryder Antle, Sophie MacCormack, Vanny Baikie, Vivian Sneyd, Zooey Schneider

Creative Team



Melissa JJ Moore

Artistic Director & Producer



Roberto Campanella Choreographer



Nathan Espejo Choreographer



Hollywood Jade Choreographer



Andrew Kyrzyk

Choreographer



Ermanno Sbezzo

Choreographer



Emily Errington
Remounting Director



Ayva Pelissier
Remounting Director



Brielle Devin
Remounting Director



Mackenzie Poplar Rehearsal/Remounting Director



Riley Boyes Rehearsal/Remounting Director



Jason Patryluk
Rehearsal Director



Payton Ritchie
Rehearsal Director



Rochelle Ing

Administrative Support

& Costumes



Petra Toop Rehearsal/Remounting Director & Administrative Support



Lighthouse for Grieving Children and Families offers free Peer to peer grief support to children and youth, ages 3-19 years, who have experienced the life-altering loss of a parent or sibling.



2022 at Lighthouse



Groups are available in person or online, and they are open-ended, so families can stay for as long as they need, to actively explore their grief in their own time.

Lighthouse does not receive government funding so we rely on the generosity of our communities to ensure our services remain free for families who need them.

Investing in the future of Lighthouse today, is an investment in the mental and emotional well-being of children and youth for years to come.



Please help us ensure no child grieves alone www.lighthousegriefsupport.org

WANT TO SPONSOR LEARN MORE "LIGHT HEAVY ABOUT JJ DANCE ARTS! LIGHT" 2025 AUDITION VOLUNTEER FOR SEASON FOR "LIGHT 2025/2026 HEAVY LIGHT 2025

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DONATIONS ARE OPEN UNTIL JANUARY FOR LIGHT HEAVY LIGHT 2024





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to register for our recreational program or book your audition for our pre-professional program









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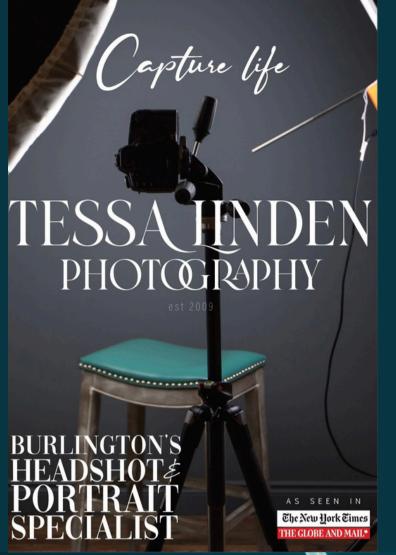


SELLING YOUR LIFESTYLE



Dervish's mother lost both of her parents by the time she was 9 years old resulting in the 6 siblings ranging from 5 to 14 years old, to cope with minimal support. Families should have a coping mechanism for grieving and the Lighthouse provides this pillar





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KAREN PAUL & ASSOCIATES



Hamilton, Burlington, Haldimand area 6 month stats are in!



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DIRECT: 905 807 3348

*Based on closed transactions in the Hamilton, Burlington, Haldimand Regions, January 1 - June 30, 2024.

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