

When:
Aug 19-21, 2025
9am - 5pm, daily

Where:
The Lighthouse Centre
Oakville, ON

Cost:
\$300 early bird rate (register
by July 1st, 2025)
\$350 after July 1st, 2025

What's included:

- Immersive training led by Lighthouse staff
- Networking, reflection & conversation
- Digital training manual
- Continental breakfast, lunch and refreshments daily

Who should attend:

- Anyone interested in offering peer support groups for grieving children & youth
- Anyone interested in learning more about grieving children and helpful ways to support them
- Anyone currently involved in grief work and would like a refresher course & opportunity to connect with and learn from others in the field

Optional: Register for additional training day highlighting governance, fundraising & marketing on Monday, August 18th (\$100)

To register:

Visit: <https://bit.ly/SummerInstitute2025>



2025 LIGHTHOUSE SUMMER INSTITUTE

Since 1999, Lighthouse has been supporting grieving children, adolescents, and their families/caretakers by offering open-ended, facilitated, bi-weekly, peer support groups. Participants meet with others who have a deep understanding of how they are feeling and of the changes and challenges they are facing. Peer support groups provide a safe place where feelings of isolation diminish, and participants feel less alone in their grief among others who "get it".

For the first time in our 25-year history, Lighthouse will be offering an immersive training for those who are interested in offering peer support groups for the bereaved and implementing the Lighthouse model in their communities, health organizations, schools, places of worship, and beyond. Professional, experienced Lighthouse staff members will share their knowledge on the following topics:

- How to start your own "Lighthouse"
- The peer support model and how to implement for children, teens, young adults & parents/caregivers both in-person & virtually
- Exploration and reflection on the fundamentals of grief, best practices & the importance of cultural humility & inclusion, diversity, equity and accessibility
- Providing support beyond the peer support model through service navigation, consultations & education
- The importance of staff, Board of Directors & volunteers
- Key considerations for organizational structure, governance, fundraising & marketing (optional add-on)

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Why is the Lighthouse offering this training?

For 25 years the participants at Lighthouse have shared how helpful and supportive it is to be part of our community. The children and teens have shared how much fun they have while they are learning about grief, how they feel less alone and different, and how being part of a group has helped them begin to process and live alongside their grief.

In the words of participants who were asked, 'what has being part of the Lighthouse meant to your family?' - "It has been a very important support as we learn how to live in our new life. A space to belong. I feel like a part of a community that understands one another in a way that others couldn't possibly understand."

**Join us, and together we can work to ensure
that no one needs to grieve alone.**